



ouch Health & Safety Training

CIEH Level 2 Award in the Principles of COSHH

This course is specifically designed to give students an understanding of the hazards, risks and hierarchy of control measures when using hazardous substances at work. Experienced and qualified H&S professionals provide an interactive training experience to help delegates learn what to expect from a COSHH risk assessment. Where provided, Ouch will include sample company COSHH risk assessments, policies and procedures.

Who is it for?

The course is intended for those who use or come into contact with hazardous substances at work and those who are responsible for the selection and management of work activities involving COSHH substances.

Topics covered

- Introduction to COSHH Regulations 2002
- Definition, types and recognition of substances hazardous to health
- Methods of entry into the body and health effects
- Manufacturers safety data sheets (CHIP Regulations)
- COSHH risk assessments
- Exercise including sample risk assessments and procedures
- Hierarchy of control measures
- Use of personal protective equipment
- Emergency procedures

Course objectives

Successful completion will prepare delegates to look carefully at their own work activities and contribute to the safer use of hazardous substances in co-operation with their managers and supervisors. Delegates will also be able to demonstrate a general understanding of the value and purpose of conducting a COSHH assessment.

Assessment

There is multiple-choice examination and successful candidates will receive a nationally recognised CIEH certificate. Ouch attendance certificates will be issued to delegates not taking the exam or for those who are unsuccessful in the exam.

Duration: 3 hours. This course can be run in-house for up to 12 delegates.

Awarding body: Chartered Institute of Environmental Health, Chadwick Court, Hatfields, London, SF1 8D.J Tel: 0207 928 6006

For a safe alternative call: **0800 389 1314**

Website: **www.ouchtt.co.uk**