



# ouch Health & Safety Training

## DSE Assessor Training

### Course Overview

The course provides delegates with the necessary information to undertake and document DSE risk assessments. It gives an insight into the legislation and background behind DSE assessment and examines the implications of incorrect DSE usage. The course incorporates a practical session covering how to set up and use a workstation correctly. The training is delivered by qualified and experienced trainers using interactive training methods.

### Who is it for?

Those in a supervisory or managerial role responsible for carrying out initial or reviewing current DSE risk assessments.

### Topics covered

- Legislation
- Risk assessments and pre-assessment questionnaires
- Definition of a user/operator
- Health effects including eyesight tests and corrective appliances
- Work routines
- User training
- Workstation analysis and set up
- Laptop use
- Documentation and company policy

### Course objectives

By the end of the course delegates should have the knowledge and understanding necessary to enable the undertaking and co-ordination of workstation assessments.

### Assessment

On completion of the course delegates will complete a 20 question multiple choice examination. Successful delegates will receive a certificate.

### Duration

1 day. This course can be run in-house for up to 10 delegates.

For a safe alternative call: **0800 389 1314**

Website: **[www.ouchtt.co.uk](http://www.ouchtt.co.uk)**